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MOUNTAINTOP YOGA RETURNS TO THE SUNDECK

Aspen, Colo. (January 23, 2018) – Join The Little Nell and Aspen Snowmass for sun salutations at the Sundeck this winter season with Mountaintop Yoga led by Aspen Shakti designed to rejuvenate your mind, body and spirit. Offered on three dates this ski season from 9:30 – 10:15 a.m. - [Wednesday, Jan. 31](#), [Wednesday, Feb. 28](#), and [Wednesday, March 28](#).

Access the Silver Queen Gondola with your foot pass or ski pass or visit the Ski Concierge or Gondola Ticket Office to purchase one. Allow for 15 minutes to ride the gondola to the top of Aspen Mountain, then once at the summit, head over to the Sundeck for yoga geared toward skiers, snowboarders and winter sports enthusiasts. Participants of all levels are welcome for this morning stretch amidst spectacular views. Class is offered for a \$5 donation with yoga mats provided with our compliments. Afterward, stay and enjoy breakfast from the Sundeck with a healthy selection of burritos, granola and fruit available for purchase, as well as the brand new Lavazza Coffee Bar with baristas at your service.

Images: <http://bit.ly/Mountaintop-Yoga>

Instructions for Image Relay:

When you click on Download and agree to the terms, you'll see the sizes available to download – from full res to web res. For images, when you click on Photo Details, you'll see the photographer's name. If no photographer listed, please credit The Little Nell.

About The Little Nell

Cosmopolitan yet intimate, contemporary yet timeless, The Little Nell invites guests to experience Aspen's only Forbes Five-Star, AAA Five-Diamond, ski-in/ski-out hotel – a Relais & Châteaux resort. For more information and for reservations, please call 888.The.Nell (888.843.6355) or visit www.thelittlenell.com. Follow The Little Nell on [Facebook](#), [Twitter](#) and [Instagram](#). #NellStyle

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