

DR. BARBARA  
**STURM**



MOLECULAR  
COSMETICS

S P A  
M E N U

MADE IN GERMANY

HYALURONIC  
SERUM

MADE IN GERMANY

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## SIGNATURE STURMGLOW

60 MIN | \$270

"The Signature #SturmGlow Facial was created around my skincare philosophy to deliver hydration, boost skin barrier function, soothe signs of irritation and improve the overall skin health and skin matrix. The facial incorporates techniques created in my German clinic for cleansing, exfoliating, extractions, and an anti-aging lymphatic massage." — DR. BARBARA STURM

The Signature #SturmGlow Facial combines thorough cleansing, exfoliation and extractions to leave the skin super clean and refreshed. It also includes Dr. Sturm's Signature Anti-Aging Massage; a unique combination of massage techniques which help increase blood and oxygen flow and tone and define the facial muscles for an instant, youthful-looking complexion.

THE SCIENCE | Long and short-chain Hyaluronic Acid molecules in the HYALURONIC AMPOULE are infused into the skin and provide intensive hydration at both upper and deeper skin layers. The FACE CREAM RICH boosts moisture and antioxidants help restore and soothe the skin. Special massage techniques boost circulation, enhancing the production of collagen for effective skin repair.

THE RESULTS | This facial targets key areas of concern to instantly smooth fine lines, reduce puffiness, lift and define the cheekbones and jawline and give skin a youthful glow.

SUPER  
ANTI-AGING  
SERUM

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## SUPER ANTI-AGING FACIAL

75 MIN | \$380

"By combining the effects of my antioxidant-infused, peptide rich SUPER ANTI-AGING SERUM, with an exclusively designed re-sculpting and anti-gravity massage and unique Nanotechnology, this facial reaches deeper layers of the skin, reducing the appearance of fine lines and wrinkles, resulting in more youthful-looking skin." — DR. BARBARA STURM

The Super Anti-Aging Facial replenishes moisture reservoirs, promotes the skin's natural barrier function and reduces the appearance of fine lines and wrinkles, resulting in a smoother and more youthful complexion.

THE SCIENCE | Long and short-chain hyaluronic acid molecules in the SUPER ANTI-AGING SERUM are infused with strong antioxidants and ingredients which help to repair damaged skin and support regeneration.

THE TECHNOLOGY | The facial combines acupressure techniques and massage with a nano skincare device which uses microscopic silicone pyramids to infuse the serum into the skin at a higher rate of absorption, providing immediate results with no downtime.

THE RESULTS | This facial visibly lifts the skin around the jaw and neck while reducing fine lines and reviving stressed skin.



SCALP  
SERUM  
MADE IN GERMANY

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## REVITALIZING SCALP MASSAGE

10 MIN | \$55

"My Revitalizing Scalp Massage provides deep relaxation while addressing dryness and boosting the overall scalp condition, promoting naturally beautiful, shiny hair." — DR. BARBARA STURM

This pressure point scalp massage helps to relieve stress, reduce muscle tension and encourage blood circulation. Dr. Barbara Sturm's SCALP SERUM soothes the appearance of irritated skin and provides intense hydration. The treatment helps to promote naturally beautiful, shiny hair.

THE SCIENCE | An ingredient obtained from the Indian Kino Tree acts as an intensive anti-aging treatment on the scalp while a combination of ATP, Algin and Papaya Extract helps to restore the scalp's moisture balance. Dr. Sturm's proprietary blend of low and high molecular weighted Hyaluronic Acid drenches the scalp in lasting hydration.

THE RESULTS | Your scalp will feel soothed and nourished and the pressure point massage will leave you feeling relaxed and de-stressed.



## ANTI-AGING BODY TREATMENT

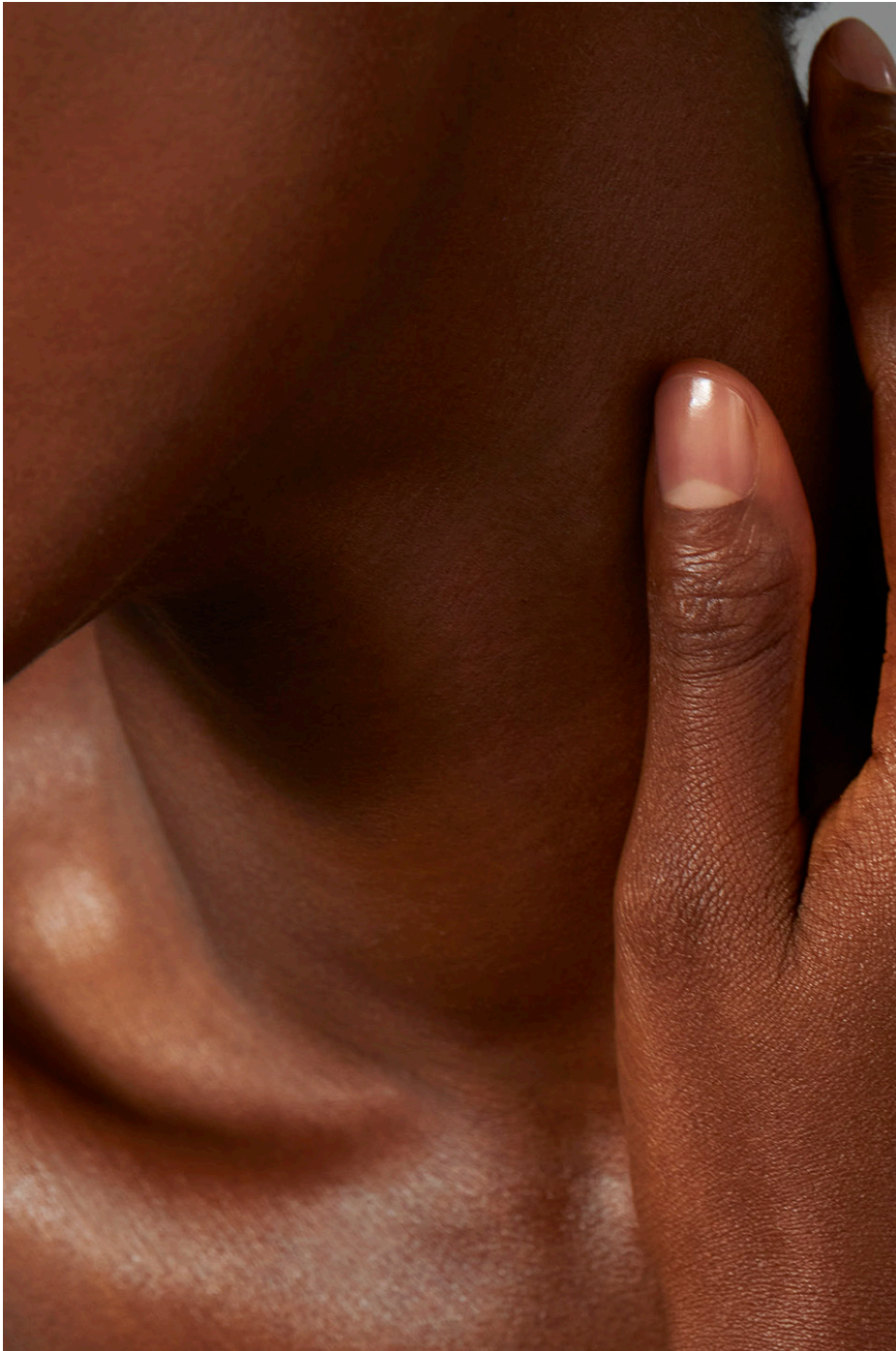
60 MIN | \$225

"This ANTI-AGING BODY TREATMENT combines essential exfoliation with intensive hydration and light massage movements to boost circulation and smooth skin texture. Potent anti-aging ingredients in my ANTI-AGING BODY CREAM diminish the visible signs of aging and leave skin soft and youthful-looking." — DR. BARBARA STURM

A rejuvenating and relaxing spa treatment for the back and body. This treatment includes a gentle, all-over body exfoliation using the ENZYME CLEANSER to remove dry skin, boost circulation and leave the skin ready to absorb active ingredients in Dr. Sturm's ANTI-AGING BODY CREAM. It also includes the application of the FACE MASK or CLARIFYING MASK on the back area to help detox, draw out impurities and hydrate the skin and a light, all-over body massage using the ANTI-AGING BODY CREAM. A dry scalp massage concludes the treatment and leaves your body and mind feeling relaxed and refreshed.

THE SCIENCE | Zinc in the CLARIFYING MASK removes excess sebum and counteracts the formation of impurities whilst nutrient-rich oils in the ANTI-AGING BODY CREAM help restore elasticity resulting in visibly firmer skin.

THE RESULTS | This treatment smooths, firms and rejuvenates the skin on the body for a more youthful appearance and leaves you feeling relaxed, fresh and revived.



## DEEP TISSUE MASSAGE

60 MIN | \$280

90 MIN | \$375

"My selection of body massages soothe both the body and mind and include a relaxing or deep tissue massage to boost circulation and smooth skin texture and a massage that can be tailored to suit your specific needs and concerns. Potent anti-aging ingredients in my ANTI-AGING BODY CREAM, which is used during the treatments, leave the skin on your body soft and youthful-looking." — DR. BARBARA STURM

The DEEP TISSUE MASSAGE is an intensive treatment which works on tension in the deeper layers of soft tissue to help relax taut muscle fibres and remove knots and is a good option if you have chronic muscle problems, such as soreness, injury, or imbalance and can also help with chronic muscle pain and anxiety. During the massage, your Dr. Sturm aesthetician will use slow strokes and deep finger pressure to relieve tension from the deepest layers of your muscles and connective tissues. The massage includes the back / back of legs / front of legs / arms / chest / shoulders (60 MINS) and the abdomen / scalp / extra time on each area for the longer treatment (90 MINS).

THE SCIENCE | Infused with Pure Glacier Water, the ANTI-AGING BODY CREAM absorbs easily into the skin to leave it feeling velvety-smooth. Extracts of White Almond and Elderberry Blossom help to firm the skin, nutrient-rich oils restore elasticity and Purslane reduces irritation and diminishes the visible signs of aging.

THE RESULTS | Your body will feel deeply relaxed, muscle pain will be diminished and feelings of anxiety and stress will be relieved.

