CLIP-IN With CHRISTIAN

THE LITTLE NELL - ASPEN, COLORADO AUGUST 14 - 18, 2022



SCHEDULE OF EVENTS

SUNDAY, AUGUST 14 - ARRIVAL DAY 2-5 PM 4 PM 5 PM

Ventum Bike Fitting in the Grand Salon

Hotel Check-In

Option for a Group Warm Up Ride - Meet in Lower Gondola Plaza **7 PM**Welcome Reception in The Wine Bar and

in The Wine Bar and Terrace - Presented by Hublot

MONDAY, AUGUST 15

8:45 AM

7 - 9 AM

Breakfast Buffet at your leisure at Element 47

9 AM RIDE

Meet in the Lower
Gondola Plaza
USA Pro Cycling
Challenge Loop

Lunch at Ajax Tavern

Dinner at Element 47

7 PM

TUESDAY, AUGUST 16

7 - 9 AM

Breakfast Buffet at your leisure at Element 47

8:45 AM

Meet in the Lower Gondola Plaza 9 AM RIDE

Ashcroft Out + Back

1 PM Lunch at Element 47

1PM

Cocktail Reception in the ASPENX store

7 PM

6 PM

Dinner at Ajax Tavern

WEDNESDAY, AUGUST 17

7 - 9 AM

Breakfast Buffet at your leisure at Element 47

8:45 AM

Meet in the Lower Gondola Plaza 9 AM RIDE

Independence Pass

12 PMLunch at Ajax Tavern

7 PMFarewe

Farewell Dinner at Element 47 *Cocktail Attire

THURSDAY, AUGUST 18

RIDING DETAILS

MONDAY, AUGUST 15
USA PRO CYCLING CHALLENGE
LOOP

TOPO KIT

TOTAL DISTANCE: 24 MILES TOTAL ASCENT: 2,682 FEET

Ride the same route that Christian rode in stage 1 of the 2013 USA Pro Cycling Challenge. From The Little Nell, ride west towards Buttermilk and climb up Owl Creek Road towards Snowmass Village. At Anderson Ranch, take a right and descend Brush Creek Road on the bike path until you reach Medicine Bow Road on your left. Climb the hill until you intersect with Juniper Hill Road then take a right to descend to Cozy Point Ranch where we cross Highway 82. Ride down Smith Hill Way then begin the climb up to McLain Flats Road, Traverse McLain Flats until it turns into Cemetery Lane. Climb the hill and join the bike path back to Aspen.

TUESDAY, AUGUST 16

ASHCROFT OUT + BACK PINK COLOR BLOCK KIT

TOTAL DISTANCE: 28 MILES TOTAL ASCENT: 2,003 FEET

Depart from The Little Nell and ride 1.5 miles west to the start of Castle Creek Road. This road meanders uphill through the beautiful Castle Creek valley, along its namesake creek. Approximately 11 miles up the road, you'll pass the ghost town of Ashcroft where you can still see some of the historic mining cabins. Continue past Ashcroft for a couple of miles until the pavement meets the gravel and the road forks. A SAG wagon will be stopped here as the designated spot for your U-turn back to the hotel.

WEDNESDAY, AUGUST 17

INDEPENDENCE PASS FLORAL KIT

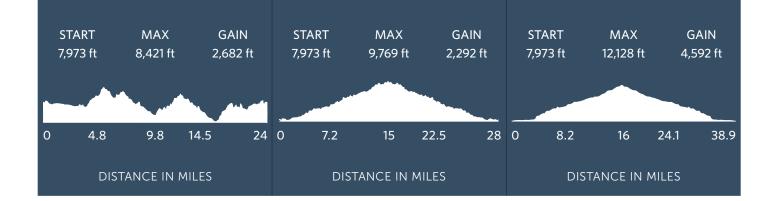
TOTAL DISTANCE: 38.9 MILES TOTAL ASCENT: 4,592 FEET

For our final road ride we'll ascend Independence Pass, the highest paved pass in North America.

ROUTE FROM TOWN
Rest stop 1: 13.6 miles, Lower Lost Man
Rest stop 2: 19.5 miles, Top of
Independence Pass

Round trip from Independence Gate back to Town: 33.37 Miles Total ascent: 3396 ft ROUTE FROM GATE Rest stop 1: 4.22 miles, Lincoln Creek Rest stop 2: 8.07 miles, Lower Lost Man Rest Stop 3: 13.97 miles, Top of

Independence Pass



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CAMP INFORMATION

HOTEL CHECK-IN:

Hotel check-in is at 4 pm. If you arrive early and your room is not ready, you are welcome to leave your bags with the bell staff.

EVENTS:

Dress code is casual for all events, with the exception of Wednesday night's dinner, which is cocktail attire. Dress warmly and bring extra layers, as most meals are outdoors.

BREAKFAST:

Each morning, enjoy the Element 47 breakfast buffet at your leisure. Element 47 opens at 7 am.

CYCLIST SUPPORT:

Riders will be accompanied every step of the way by our pros and team mechanic, plus support vehicles stocked with food, beverages and spare parts. Rest assured, no rider will be left behind.

WATER BOTTLES:

Two water bottles will be provided daily to each rider to keep you adequately hydrated. Each morning, one bottle will be prepared with Skratch energy drink mix, and the other with water and may be replenished throughout the ride. Please let us know if you have additional requests.

PHOTOS:

Don't forget to smile as you ride, as our official photographer Steve Goff will be capturing all the action throughout the camp! We'll share a link to all photos post-camp.

KITS:

Three Giro cycling kits will be provided to all camp participants. Please check the ride schedule to see which kit to wear each day.

GEAR BAG:

A gear bag with gifts will be provided for your convenience. There will also be a drawstring bag with your name on it. Each morning, please pack any clothing or items you would like to send along in the SAG wagon and bring it with you to the front drive. These drawstring bags will travel alongside riders in accompanying vehicles and be accessible at designated stops. An extra layer is recommended for the ride down Independence Pass.



PLEASE CONTACT US IF WE MAY PROVIDE ASSISTANCE DURING YOUR STAY:

MAY SELBY / MAIN CAMP CONTACT | 970.618.7669 CONCIERGE | 970.920.6365 TRANSPORTATION | 970.920.6304 **HEALTH CENTER | 970.920.6390**







PACKINGLIST

ON THE BIKE

- ☐ Cycling jerseys or athletic shirts (for arrival day ride)
- ☐ Cycling shorts (for arrival day ride)
- ☐ Cycling shoes (if you bring your own pedals)
- ☐ Sneakers (if you don't bring your own pedals)
- □ Athletic socks
- ☐ Lightweight, waterproof, wind-resistant jacket or vest
- ☐ Bike saddle/cover (if you prefer your own)

OFF THE BIKE

- □ Walking shoes
- □ Long and short-sleeved shirts
- ☐ Sweater/jacket for evenings
- ☐ Dinner attire (dressy casual) + dress shoes
- □ Swimsuit

TRAVEL ITEMS*

- □ Emergency contacts
- ☐ Health insurance information
- ☐ Medications
- *We recommend keeping these items in your carry-on while traveling

Water bottle

Gear bag

Helmet

Snacks/nutrition for each ride

ADDITIONAL ITEMS

- □ Cell phone and charger
- □ Photography gear and charger
- □ Power cord
- □ Toiletries
- ☐ Sunscreen, sunglasses, and other sun protection gear
- ☐ Insect repellent
- □ Chamois Cream

WHAT WE PROVIDE

- Cycling jerseys (3)
- Cycling bibs (3)
- Cycling socks (3)
- Cycling gloves (1)
- Bike
- Saddle

DO I NEED TO BRING SPECIAL **CYCLING GEAR?**

 Be sure to bring your own cycling shoes and pedals. If you have never used clipless pedals before, we do not recommend trying them for the first time on this trip.

DRESSING FOR THE WEATHER

 Aspen's weather can range in temperature from chilly mornings to hot days. Check extended forecasts before your trip and pack accordingly.

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CLIP-IN WITH CHRISTIAN - MEET THE TALENT



CHRISTIAN VANDE VELDE

The son of U.S. Bicycling Hall of Fame inductee, John Vande Velde, Christian was raised on cycling and began riding at age 16. He has competed in most major cycling events including the World Cup, all three Grand Tours, two Olympic Games, eleven Tours de France (including two team victories and 4th and 7th best finishes) and won the 2012 USA Pro Challenge. Currently, Christian works as an analyst for NBC Sports for the Tour de France and the Olympics and is a guest instructor for Peloton. This is his 9th time leading The Nell's signature cycling camp. Instagram: @christianvdv



DIAA NOUR

An accomplished businessman and lifelong athlete, Diaa cofounded Ventum LLC in 2015 after successfully exiting the telecom sector. Ventum began as a passion project seeking to change the bike industry by introducing new aerodynamic technology and the first triathlon-specific bike. As CEO of Ventum, Diaa has grown the business from a humble startup in Miami to its current headquarters in Utah. He's led the development of the innovative NS1 road bike and recent introduction of the GS1 gravel bike. Ventum is the official bike sponsor for the camp. Instagram: @diaa10



RYAN STANDISH

Ryan is a professional athlete and Ventum pro who has competed across many disciplines in cycling. From road and track to XC mountain biking, he's now landed in the endurance gravel and mtb scene and is famous for wearing cutoff jeans and hosting a comedic hot dog cooking show on Instagram. Having grown up in the Australian Outback, he made his way over to the States to attend Fort Lewis College in Durango, CO, and now spends most of his time in Salt Lake City. This is Ryan's first year attending Clip-In and he's excited to join the pack. Instagram: @ryanstandwich



MARI HOLDEN

After many years racing her bike and directing teams, Mari is the USA Cycling Community Director in Colorado Springs, having shifted gears to focus on giving more people an opportunity to ride bikes. Her main project at USA Cycling is launching a nationwide campaign called "Let's Ride" to teach bicycle skills and safety to elementary school kids. Mari is an Olympic medalist, World Champion for Road Cycling Time Trial and six-time National Champion for Road and Time Trial. This is Mari's second year as a pro for Clip-In.

Instagram: @msmariholden



BARRETT BRANDON

Barrett joined Ventum in 2019 after working in the Healthcare and Independent Service Organization space, and currently serves as the CFO. A former professional triathlete, he competed for eight years all over the world in competitions from Olympic distance to Ironman. These days loves anything that involves two wheels and a gravel road. He most recently completed the 206-mile Unbound Gravel Race in Emporia Kansas. You can find him most weekends at your local gravel race or in the mountains riding his bike up the steepest climbs you can find. Instagram: @barrettbrandon_

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CLIP-IN With CHRISTIAN

THANK YOU TO OUR SPONSORS





HUBLOT

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Ventum is providing the use of their state-of-the-art NS1 road bikes along with the support of bike fitter and mechanic. *For participants who book our Full Camp Package.

Giro is known for its highperformance cycling gear. As our official helmet and kit sponsor, Giro is providing a Helios Spherical helmet and three custom kits for each participant. Hublot is the official timekeeper of Aspen Snowmass, parent company to The Little Nell. They are the proud presenters of the opening reception on Sunday evening.

SkratchLabs makes sports nutrition designed to help you perform and feel better, using real food from scratch. They are providing water bottles, hydration mix, and road snacks for all of the rides.